

Psychology 250
Academic and Career Pathways in Psychology
September 12, 2011

I. Introductions

II. Overview of Course

- Orientation to Metro State and the Psych Major at Metro State
- Course Planning, Advising
- Careers and Graduate Study
- Resources: Psych Lab, Library, Writing in Psychology
- Monitor/Use University E-Mail (go.metrostate.edu)

III. Review of Course Packet

IV. Tidbits on Metro

- History: Self-Directed Adult Students, now modified by influx of more traditional students and faculty
- How advising works: Your “File” (DARS, [GELS], Limits of DARS)
- Importance of accurate assessment of transfer work
- Types of Courses and Learning Strategies
 - Lecture
 - FDIS (Faculty-Designed Independent Study)
 - SDIS (Student-Designed Independent Study)
 - Theory Seminars
 - Internships (individual and group): Experience and Learning
 - Credit for Prior Learning (“Credit for what you KNOW”)
- Math/Writing Assessments, Registration, GELS, Course Sequences
- Catalog and Class Schedule (online)
- Student Handbook: Guide/Procedures (<http://www.metrostate.edu/handbook/>)

V. Majors and Minors

- Major: Must have one (or create own “individualized” major in First College)
- Minor: optional. A way to select elective courses or “document” focus/interest.
- Credits:
 - Total of at least 120 semester credits (B.A. in Psych; more in some areas)
 - At least 40 Upper Division semester credits (courses numbered 300+)
 - Complete GELS (fulfill all category requirements, at least 40+8 credits)
 - Complete Degree Plan (Major or individual plan – often HARD COPY)

VI. Class Next Week meets in St. John’s Hall, L9

- Select topic, be ready to use Library resources!
- Web Sites in Psychology (assignment)
- Read assignments listed in syllabus