

****LIBRARY ORIENTATION – Databases and resources: **Meet in SJH L9**

- I. College - The Covert Curriculum. Why Major in Psychology?
- II Careers and Graduate School
- II Degree Planning (and the SAL)
- IV APA Writing Style

I. Why Major in Psychology:

Intrinsic (why I like it) and Extrinsic (what it will get me) reasons

Goals of Educators: Landrum page 3-6

Areas of Courses/Study: Landrum pages 12-16

Skills and Abilities: Landrum pp. 18-19, 22, 26-27

Self-investigation, self-reflection, advising, and career services are all important

Metro utilizes a combination of “no-faculty” and “all faculty” advising models

Attend Psychology Club Events! Think about Psi Chi

II. Careers and Graduate School

Degree earned sometimes connected to Career: BA/BS; MS (general); MS (counseling/clinical); Ph.D. (“Scientist”), Ph.D. (“Scientist-Practitioner”), Psy.D. (“Practitioner”), M.D. (Psychiatry)

Bachelor-level careers: Many and Varied (handouts; pp. 28-30); Interest Tests (Strong or Campbell); Internships, personal connections, career services office (annual job fair). Don’t forget to cultivate references, attend to application letters, prepare for interviews (**see monthly e-mails from Career Services**)

Types of areas for the B.A. graduate: see handout - great jobs and stepping-stones

Want to be a professional in “Psychology”? Grad. School – But get a “taste” 1st

Building a graduate Application: Grades, Experiences, Skills, Standardized Tests, and a Clear Articulation of strengths, goals, and how they fit a particular degree program

Attend Grad. School Fair, Employment Fair, other offerings from the career center. Career Services can provide help – see handouts and the new “Career Link” at the Career Center web page: www.metrostate.edu/career/)

The Psychology Club (and maybe Psi Chi) offer programs related to graduate school and careers. Join the Psych Club

The statistics and tough roads to graduate schools outlined in books and by instructors/advisors are partly correct. But, there is a bright side too! Work on making yourself stronger in whatever areas you can, become strong in areas that match your career goals. Consider alternatives to the “Ph.D. from a top University” – these alternatives satisfy many people’s goals.

III. Degree Planning

At Metro State, your advisor is key – work things out in advance, in writing
Balance courses – also, balancing goals of doing well vs. finishing quickly
Attend to Prerequisites and Diagnostic Testing (math/writing)
Plan courses around your interests and career plans
Certain courses are essential or preferred for graduate study
Consider Internships (can do up to three)
Consider a Minor: e.g., Human Services offers many applied skills courses
If you work, consider career-oriented jobs
Have you learned or applied psychology in past jobs? Consider a “Prior”

IV. The APA Publication Manual

** Chapter 1: great introduction to papers written for psychology by psychology scholars. Why dissemination (sharing) of knowledge is important.

** Chapter 2 is on the structure of a manuscript (paper)

** Chapter 3 covers details of writing style (“clear and concise”)

** Chapter 4 details APA writing style – many details needed in Psyc 312 & other courses (Psyc 405)

** Chapter 5: how to organize results of an empirical project

** Chapters 6 & 7: Crediting Sources – referencing and citations (for any psych paper)

** Chapter 8: Publication details, Journals & Review, Ethics, Scientific Integrity